



IMPORTANT FLU PREVENTION INFORMATION

Dear ACA Families,

Summer's here, and we're looking forward to a happy and healthy summer here at ACA with your children! As new cases of H1N1/Swine Flu continue to be reported in Massachusetts, we're taking measures and asking for your cooperation in flu prevention.

During our Summer Vacation Arts Programs, ACA teachers will take time at the beginning of each week to review ways to prevent transmission of germs with students, and your child's counselors will supervise hand-washing at the end of each class period.

You can help reinforce the message with your children by reminding them to wash their hands often with soap and water, and to cough into their inner elbow or into a tissue, instead of their hands. This will help prevent the spread of germs, including the flu virus.

Parents are also asked to make sure your child does not have signs of the flu before you send them to camp each day.

Symptoms include:

A fever with any of the following:

- cough
- sore throat
- runny nose

In accordance with recommendations of the Massachusetts Department of Public Health, we ask that if your child has signs of the flu, **please keep them at home for 7 days after their symptoms start, or 24 hours after their symptoms go away, whichever is longer.**

Although the disease has been mild in healthy individuals, it can be more dangerous to those with weaker immune systems. We appreciate your cooperation and support as we work together to reduce the spread of the flu in our communities.

Please feel free to contact us if you have any questions.

Sincerely,

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