

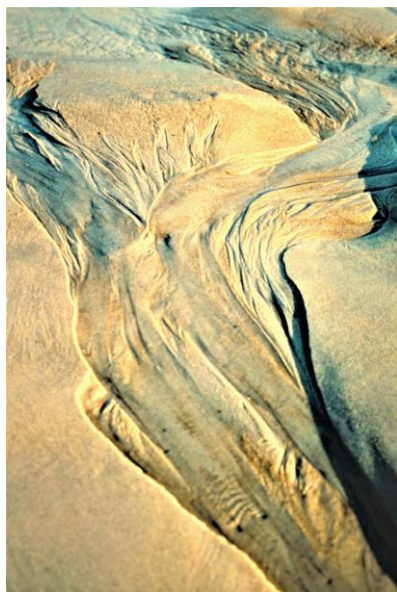
667  
Photograph on aluminum  
Diptych  
84" x 56"  
\$2400



0039  
Photograph on aluminum  
24" x 16"  
\$400



1706  
Photograph on  
aluminum  
24" x 16"  
\$400



*CB14*  
Photograph on aluminum  
30" x 20"  
\$600



*Transparent Reflection*  
Oil on canvas  
38"H x 16"W  
\$400



*Passage*  
Oil & mixed media on canvas  
48"H x 36"W  
\$850



*Splash Bravery*  
Acrylic on Canvas  
48"H x 36"W  
\$850

*Emerging Consciousness*

(1st Floor Inner Office)

Mixed Media on Canvas

40 x 30 x .78

\$2,400



An Emerging Consciousness beckons us to be more trusting and to think and act from the heart. It asks that we match our outer persona to our loving and caring inner selves. In doing so, we will begin to make the choice to no longer believe in our conditioned-by-the-past mind, and discover a world of infinite possibility. In this consciousness we are powerful beyond measure, and can easily make our dreams manifest, because we have discovered that kindness, compassion, forgiveness, helpfulness, tolerance, laughter, joy and love are our natural state of being and a hallmark of an enlightened Universe.

*The Garden of Love and Compassion*

(1st Floor Inner Office)

Mixed Media on Canvas

40 x 30 x .78

\$2,400



Our hearts are like a garden. Whatever seeds we sow, will grow and blossom. We can decide to grow seeds of compassion, embracing not only our foibles, but those of others whom we may perceive as hurting or bothering us, or we can choose to harvest the blossoms of fear and resentment. We can decide to see through the eyes of love and kindness, or we can notice poverty or greed. We may select to bring joy and understanding to whatever we are doing, or we can complain and blame others for our life situation. We can see ourselves and others as Buddhas, or we can put on the goggles of enmity and embrace wars near and far.

Enter the Garden of Love and Compassion and choose Joy!

*The Four Immeasurables*  
(1st Floor Front Open Office)  
Mixed Media on Canvas  
40 x 30 x 1.5  
\$2,400



This painting was created to assist the viewer in achieving a state of profound love, a pre-requisite to be at peace and in joy and attract to our lives all we desire. It represents the four mind states that, through consistent meditation, mantras and mindful practices lead us to enjoy our journey in this lifetime and with our fellow “travelers”. Contemplating this work we learn to practice loving kindness, compassion, joy and equanimity; what in Buddhist practice is known as The Four Immeasurables.

*The Nature of Reality*  
(1st Floor Front Open Office)  
Mixed Media on Canvas  
40 x 30 x .1.5  
\$2,400



The gold and silver air brushed swirls and the paper shapes in this acrylic piece has many levels of meaning. It attempts to entice viewers to question assumptions about what is real and how they construct reality. What are beliefs and which are the pre-conceived or societally adopted views of the events and situations we encounter in daily life?

The images allow us to follow our thinking and to question our attachment to seemingly recognizable images and examine their value. This effect is enhanced by the thin glittery lines. They strengthen the movement of the powerful directional lighter shapes and pulls everything upwards to the light. Do you see words? Really? What's real? What's true?

What a prescient mixed media artwork!

*The Radiant Virtue of Spiritual Empowerment*

(2nd Floor Cafeteria)

Mixed Media on Canvas

40 x 30 x .1.5

\$2,400



There is no part of our lives that is separate from our spiritual path, nor from our divine essence. This is the subject of this mixed media artwork; to raise the vibration of a room and the people who behold it!

The image of a tree conveys the quality of compassion: nourishment, shelter, fuel, medicine, love and presence, with the possibility to transform. Practicing compassion toward ourselves is a prerequisite for being truly helpful to others. This is Spiritual Empowerment and renders us Radiant with Health and Happiness.

*Piercing Densities*

(1st Floor Open Office Back)

Mixed Media on Canvas

30 x 30x 1.5 Framed

\$1,500



This painting allowed me to ponder issues with my body weight and how the body density I was carrying was also reflected in other areas of my life. Over the course of 3 painting sessions, I understood that the density was about resisting love and allowing fear to color my life.

Holding on to the story of how I wished that my past unfolded, kept me from seeing its value as a source of growth. Piercing and eventually dissolving the density through painting it and meditating with the art, allowed more love and more abundance to appear in my life.

### *A Seismic Shift*

(1st Floor Open Office Back)

Acrylic on Canvas

30 x 30 x 1.5

\$1,500



The art appears to depict an explosion of fireworks. It looks celebratory, but when I meditated with it, amidst a presidential election fraught with fear, divisiveness, and uncertainty, it guided me to examine where in me was lodged the fear, the divisiveness and the uncertainty. It indicated that if I healed and transformed my own deeply hidden roots of negativity, I would also help heal the pernicious human tendencies to blame and judge based on incorrect perceptions and ideas attached to the ego. The art guided me to take responsibility for unraveling in myself, the stale patterns of behavior and thinking that cause separation, and pain. It helped me see that

the present suffering can help us all grow if we are willing to find a way to heal through it. The new way of seeing would lead us to a seismic shift in behavior that would send ripples of joy and love all around. Installing the art in any space will positively affect all who behold it!

### *A Seismic Shift*

(1st Floor Open Office Back Left)

Acrylic on Canvas

30 x 30 x 1.5

\$1,500



This painting imbues any space with the energy of "allowing". It invites all who view it to consider that life needs not to be grasped for or sought after. Instead, it needs to be received and allowed to surprise us.

If we can consider viewing our existence as a daily opportunity to look out a window filled with wonder and excitement, in time we will be rewarded. If we are willing to release attachments to people and life situations that no longer serve us with presence and trust, in time we will notice that what we released has transformed into the new and delicious fruits of contentment, peace and love.

*Finding Treasures in the Shadows*

(Main Floor Open Space)

Mixed Media on Canvas

40 x 30 x .78

\$2,400



Darkness is complemented by light. One does not exist without the other.

So it is with us. We have our darkness.

By shining the light and embracing the shadows that color all we do and touch we begin to live authentically and without fear.

The painting invites you to go on an inner adventure. If you dare, you will surely find treasures that will set you free!

*Moonlight Rebirth*

(Main Floor Open Space)

Acrylic on Canvas

40 x 30 x .78

\$2,400



Arising, releasing pain, sorrow, guilt, shame, tiredness, frustration, danced in my mind's eye. A certain pride for having persevered in spite of the many naysayers, including me; a visceral urge to break away, to say good bye to the past, without attempting to change it or squash it emerged, giving me a sense of peace and acceptance never before felt.

The full moon offers an opportunity for rebirth; to summon courage, unflinchingly look in the inner mirror and feel Oneness.

*Essential Uncertainty*  
(2nd Floor Hallway)  
Mixed Media on Canvas  
40 x 30 x .78  
\$2,400



This mixed media on canvas allows us to contemplate the ever-changing nature of our world and the joy we find when we stop rushing, stressing, plotting, planning and creating goals based on the stubborn assumption that we live in a fixed and certain world. The painting invites you to just be, live by your truth and accept the essential uncertainty of it all.

*There is Light in the Soul*  
(2nd Floor Back Hallway)  
Mixed Media on Canvas  
40 x 30 x .78  
\$2,400



When there is light in the soul, there will be beauty in the person.  
When there is beauty in the person, there will be harmony in the house.  
When there is harmony in the house, there will be order in the nation.  
When there is order in the nation, there will be peace in the world.

*July 9th*  
(2nd Floor Back Hallway)  
Mixed Media on Canvas  
30 x 30 x .78  
\$1,500



This painting is about surrendering to the receptive earth as a metaphor for becoming whole.

Gaia, the benevolent looking shape appears to carelessly utter playful sounds into the pink space. These melodies merge with the warm sunlight streaming down to help heal the cracks on the bottom.

Mother Earth seems aware of the activity, yet her attention is focused on a teal colored glass. Might there be jewels lurking in the cracks of habits and emotions created long ago?

If you are willing to sit with the art and adventurously explore your old pain, like me you will notice the jewel of forgiveness emerge, inviting in spiritual and emotional evolution to help you become a bright beacon of Love in the world.